

"Move to Greatness is a must-read! Its insight into the patterns of our energy represents a major breakthrough.

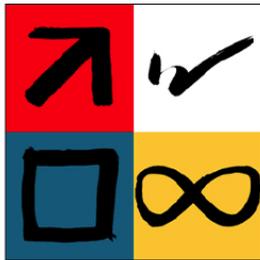
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--Jim Loehr, President, LGE Performance Systems, co-author of *The Power of Full Engagement*

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MOVE TO GREATNESS

Focusing the Four Essential Energies of a Whole and Balanced Leader



GINNY WHITELAW
BETSY WETZIG

Move to Greatness

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Ginny Whitelaw and Betsy Wetzig

Leaders need to know who they are, how to use their strengths, and how to overcome their barriers. Both success and failure originate in our use (or misuse) of four fundamental patterns in the nervous system: the Driver, the Collaborator, the Organizer, and the Visionary (patterns studied over decades of research). Taken together these patterns create wholly effective leaders and engender unshakable balance.

Move to Greatness immerses leaders in each of the four energy patterns, exploring the strengths, weaknesses and characteristics of each. Readers discover their natural preferences, and learn how they can literally *move* themselves and others to newfound greatness. Whitelaw and Wetzig show how to balance dominant leadership traits while cultivating others, improving relationships and achieving peak performance in individuals and organizations.

Dr. Ginny Whitelaw is co-founder of Focus Leadership, LLC, and co-creator of the Focus Balance Energy Indicator (FEBI). A biophysicist by training, she is the former Deputy Manager of the International Space Station Program at NASA, where she was awarded NASA's Exceptional Service Medal for her achievements. She has also served as an adjunct faculty member of Columbia University's Senior Executive program, as well as an executive coach and program director at the Oliver Wyman Executive Learning Center.

Betsy Wetzig, dancer, choreographer, movement researcher and teacher, is the originator and director of workshops for Coordination Pattern Training™ and Full Potential Movement which have spread nationally and internationally through a number of groups including Trager® practitioners, Pilates specialists at Symmetrical Energy Arts, Inc. and Bodies Mind, yoga and Tai Chi teachers, neurolinguistic educators, bodyworkers, and Interplay® programs. She is currently a principle presenter at the Twin Ponds Integrative Health Center, PA, where she also teaches Coordination Pattern Trainer Certification courses.



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Move to Greatness: Focusing the Four Essential Energies of a Whole and Balanced Leader

Ginny Whitelaw and Betsy Wetzig, \$29.95 Paperback

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